

Did you know you can access these services without waiting to see your GP



Minor Elements Scheme and Self Care

Please visit your local pharmacy for more advice

Cold/Flu like symptoms, Athletes foot
Head lice, Thread Worm, Cystitis,
Constipation/Diarrhoea and many other ailments

Self-Referral

www.icope.nhs.uk/self-referral/
iCope Psychological /
Mental Health Therapy
Services.
Camden And Islington

You Can Also Self Refer Yourself Directly To....

Podiatry: Ask Reception desk for referral form or visit Whittington Health Website

Physiotherapy: Ask Reception desk for referral form or visit Whittington Health Website

Dieticians: Ask Reception desk for referral form or visit Whittington Health Website

www.whittington.nhs.uk

Maternity: You can self-refer to this service by contacting the Hospital of your choice directly or filling in a form on the hospital website.

